TERMS & CONDITIONS

Welcome to Widewater Sauna's website. Please ensure that you agree to all of Widewater Sauna's terms and conditions stated on this page.

All persons using the sauna, do so at their own risk

 Alcohol and nudity are not permitted in the sauna.

Widewater Sauna operators reserve the right to refuse admission to intoxicated persons

Children under the age of 6 years are unfortunately NOT permitted to use the sauna except in Family Private Hire Sauna where they're adult remains with them at all times - please complete Parent Terms and Conditions at booking  (See below for details)

. All hanging jewellery should be removed before entering the sauna to prevent burning

If you have any reservations regarding sauna use, it is essential that you consult your GP before making a booking

You must not use the sauna if you: suffer from high or low blood pressure or any heart or circulatory disorder or suffer from epilepsy or diabetes

are pregnant or are prone to dizziness or fainting, have any fungal infections or open wounds on your body or feet

All persons using the sea as a 'cold plunge' do so at their own risk. It is your own responsibility to ensure that you are a capable swimmer and can handle being exposed to the cold temperatures, other dangers and varying conditions of the sea In adverse weather conditions take extra care exiting and entering the sauna

Sauna Etiquette must be adhered to at all times. This includes: Removing footwear

Entering and exiting the sauna in a safe manner

Keeping access points clear to allow other users to exit safely and swiftly if needed. Sitting on a towel at all times

Staying in the sauna for no longer than 30 min at a time (we recommend 5-15 min breaks)

Only pouring the provided 'sauna water' on hot rocks and nothing else

Not touching any part of the stove / stove cage or rocks Glass is not permitted inside the sauna. Please bring your own water bottle.

Getting changed within your booked time slot

Please do not take photographs or videos during our community sessions to respect our other guests

Widewater Sauna takes no responsibility for the damage or loss of customers' property

Group Booking Responsibility: If you are making this booking on behalf of a group, it is your responsibility to make your group aware of the terms and conditions and to practice safe sauna use. Please share the details provided here

Admission: Widewater Sauna operators reserve the right to refuse admission for any reason that may be deemed a health and safety risk

Refunds will not be offered to anyone refused admission

**Terms & Conditions for parents and carers**

I/We …………………………………(full name) are the Parent/Guardian/Adult Family Member (please delete accordingly) of ……………………………….(minors full name) and sign to accept that we take full responsibility for the above named minor during the Sauna hire use

Said parent/guardian MUST remain present at ALL TIMES

I have read and agree to the terms above \*

Do you agree to remain present with the child at all times? \*

Yes/No

Is your child over 6yrs old? \*

Yes/No

Print your NAME (as Signature) and your CHILD'S NAME and AGE

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*We hope you enjoy your time at Widewater Sauna*